

THREE WEEK MENU

AUTUMN/WINTER 2023

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY





WEEK 1

30/10, 20/11, 11/12, 22/01, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges 	Classic Beef Burger (H) Served with Potato Wedges	Chicken & Vegetable Mash Pie (H) Served with Gravy	Beef Pasta Bolognese (H) Served with Wholewheat Pasta and Garlic & Herb Bread	Breaded Fish Fingers Served with Chips
	Macaroni Cheese Served with Garlic and Herb Bread 	Vegetarian Burger Served with Potato Wedges 	Vegetable Pastry Roll Served with Mash and Gravy 	Vegetarian Bolognese Served with Warm Garlic & Herb Bread 	Crispy Quorn Nuggets Served with Chips
JACKETS	Jacket Potato with a choice of Hot and Cold fillings	Jacket Potato with a choice of Hot and Cold fillings including Salmon mayo	Jacket Potato with a choice of Hot & Cold filling	Jacket Potato with a choice of Hot and Cold fillings	Jacket Potato with a choice of Hot and Cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit	Carrot, Orange, and Sultana Sponge With Fruit	Original Flapjack	Vanilla Ice Cream

PACKED LUNCH – AVAILABLE DAILY

Ham and Cheese sandwich available with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

- Vegetarian
- Oily Fish
- Wholegrain
- Fruity!
- Nutritionist's Choice

(H) Halal Option Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Internal





WEEK 2

06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges 	Turkey Con Chilli (H) Served with Wholegrain Rice 	Roast Turkey (H) Served with Roast Potatoes & Gravy	Pork Sausage or Halal Chicken(H) Sausage Pasta Bake Served with Garlic & Herb Bread 	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie Served With Gravy 	Mac 'n' Cheese Served with Garlic and Herb Bread 	Cheesy Leek & Carrot Crumble Served with Roast Potatoes & Gravy 	Vegetable Sausage Pasta Bake Served with Garlic & Herb Bread 	Veggie Dippers Served with Chips
JACKETS	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of filling
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake with Fruit 	Strawberry Ice Cream

PACKED LUNCH – AVAILABLE DAILY
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

H) Halal Option Available

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Internal





WEEK 3

13/11, 04/12, 15/01, 05/02, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges 	Cottage Pie (H) Served with Gravy 	Roast Beef (H) Served with Roast Potatoes & Gravy	Chicken and Vegetable Korma (H) Served with Wholegrain Rice 	Southern Fried Chicken (H) Served with Chips
JACKETS	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice and Garlic & Herb Bread 	Cauliflower Mac 'n' Cheese Served with Garlic and Herb Bread 	Sweet Potato & Chickpea Roast Served with Roast Potatoes & Gravy 	Vegetarian Lasagne Served with Garlic Bread 	Crispy Quorn Nuggets Served with Chips
JACKETS	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake with Fruit	Crispy Crackle Bar	Banana Cake with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH – AVAILABLE DAILY
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

(H) Halal Option Available

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